

Tri-County Peers Connect



JOIN US FOR THESE GREAT PRESENTATIONS!

3.5 Peer CE's available!

October 7, 2026

8:30AM - 1:00PM

Verbal De-Escalation for Peer Professionals: Skills for Safety, Connection, and Recovery-Centered Support (2 Peer CE's Approved)

This presentation is an interactive training equips peer professionals with practical verbal de-escalation techniques for responding to individuals experiencing emotional distress, agitation, or crisis. Rooted in recovery principles and trauma-informed care, participants will explore early warning signs of escalation and communication strategies that promote safety, dignity, connection, and self-determination. The training will emphasize the unique role of peers in building trust, using active listening and validation, maintaining appropriate boundaries, and recognizing when additional support is needed.

Trainers: Allison Herrst, CPSS & Josh Puckett, CPRC

Peer Reflection (1.5 Peer CE's Approved)

In this session attendees will increase their knowledge about the power of using grounding techniques including mindfulness, Deep breathing & calming exercises, and reflective journaling in peer work.

Trainers: Elissa Maes, CPSS & Nancy Worthman, CPSS

Agenda

8:30am – 9:00am: Hot Breakfast Served

9:00am – 10:30am: Verbal De-Escalation for Peer Professionals: Skills for Safety, Connection, and Recovery-Centered Support

10:30am – 10:45am: Break

10:45am – 12:45pm: Peer Reflection

12:45pm – 1:00pm: Certificate Distribution

[Click here](#) or scan

QR code to register



MCBAP Credits Pending

Questions?
Call Beth Jacobs
248.858.1795

Register by Friday, September 25, 2026
www.oaklandchn.org