



WRAP Training

2-Day WRAP Class

WRAP (Wellness Recovery Action Plan) introduces you to the five key concepts of WRAP and guides in creating a personal WRAP. You will learn from peers how to manage through life's difficult times using a WRAP and wellness toolbox.

Dates:

Time:

Location:

Who's Invited?

- Certified Peer Support Specialists
- Non-certified Peers
- Individuals receiving public mental health services

14 Peer CEs Approved

Cost

No cost for Oakland County residents or Peers working in Oakland County.

For non-Oakland County residents or Peers: \$50
(includes all materials and lunch)

Register

Register online at
www.oaklandchn.org/Activities

Questions?

Call Vicki Suder at
248-858-1235

INSPIRE HOPE, EMPOWER PEOPLE, STRENGTHEN COMMUNITIES

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Oakland Community
Health Network

Developmental Disabilities • Mental Health • Substance Recovery

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