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**Contact: Suzanne Weinert**  
248-758-1991  
[weinerts@oaklandchn.org](mailto:weinerts@oaklandchn.org)

**Kaylee Salveta**  
248-764-5364  
[salvetak@oaklandchn.org](mailto:salvetak@oaklandchn.org)

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**OCHN Recognizes September as National Recovery and  
Suicide Prevention Awareness Month**

**OAKLAND COUNTY, MI (September 12, 2025)** – In recognition of September being National Recovery and Suicide Prevention Awareness Month, Oakland Community Health Network (OCHN) is joining nationwide efforts in raising awareness of these two observances.

According to the [Centers for Disease Control and Prevention \(CDC\)](#), suicide is one of the leading causes of death in the United States. In 2023, over 49,000 people died by suicide, and approximately 12.8 million adults seriously thought about suicide.

Suicide Prevention Awareness Month is intended to create a community of understanding concerning this public health issue, while promoting valuable resources for suicide prevention. Anyone can experience suicidal thoughts and knowing the warning signs can prevent suicide from occurring. Throughout September, OCHN is using its social media sites and community connections to educate the public on available resources.

The Oakland County Suicide Prevention Task Force is hosting a community discussion focused on understanding the law and mental health as it pertains to suicide awareness. This event will be held on September 16, 2025, from 9 a.m. - 12 p.m. at the OCHN administrative offices in Troy. A clinician training opportunity will follow in the afternoon from 1 – 3:30 p.m. More information is at this [link](#).

Additionally, OCHN is recognizing September as National Recovery Month. According to the [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#), in 2024, approximately 86.6 million adults aged 18 or older had either any mental illness (AMI) or a substance use disorder (SUD) in the past year. Recovery Month seeks to educate communities that substance use treatment and mental health services are available.

Join OCHN for its 17<sup>th</sup> Annual Recovery Celebration held at its administrative offices in Troy on Friday, September 19, 2025, from 11 a.m. – 1 p.m. Learn more and register at [www.oaklandchn.org](http://www.oaklandchn.org).

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“As we honor both Recovery Month and Suicide Prevention Month, we recognize the courage it takes to ask for help. We also understand that hope is the cornerstone of healing, and it all begins with the connections we form in our community”, states OCHN’s Executive Director and CEO Dana Lasenby.

For non-emergency Access services, call 248-464-6363. If you or someone you know needs immediate assistance, call or text the Suicide & Crisis Lifeline at 988. For more information on OCHN, please visit [www.oaklandchn.org](http://www.oaklandchn.org).

### **About OCHN**

OCHN is contracted by the Michigan Department of Health and Human Services to lead a provider service network and manage care for approximately 30,000 Oakland County citizens at more than 400 service sites. People who receive public behavioral health services through OCHN's provider network include those who have an intellectual or developmental disability, mental health concerns, or substance use disorder. Most of these individuals have Medicaid insurance coverage.

OCHN's goal is to ensure these individuals are aware of and have access to services and supports that will improve their health and quality of life, as well as ensure their engagement in full community participation. Its mission to “inspire hope, empower people, and strengthen communities” reflects an unyielding belief in a “Valuable System for Valued People.” Programs and supports provided by OCHN's service network are available at [www.oaklandchn.org](http://www.oaklandchn.org).