

“Healthy Caregivers Make Better Caregivers”

Peter W. Rosenberger

Caregiver Wellness Support Program

A Free Program for those Caring for Someone Living with
Alzheimer's, Dementia, and Memory Loss

*Are you a friend of a caregiver and want to learn
how to better support them? This program is for you too!*



- Learn practical techniques to empower you in your caregiving journey while remembering to take care of YOU!
- Connect With Others
- Attend In-Person or Virtual Online Meetings
- Complimentary Technology Loan Closet Available
- Education & Resource Referral

In-person meetings are held at 10 AM, the second Thursday, monthly beginning September 9th, 2021
First Congregational Church of Rochester
1315 N. Pine Street, Rochester, MI 48307

Registration is Required

Please call or text 1-586-924-1300.

Register by email frawagner@lifeskillscentersinc.org

Sponsored by the Huizenga Fund &
Life Skills Centers Memory Care Services
'Promoting Wellness & Finding Joy in the Journey!'