

UPDATED RESOURCE AND CRISIS LINE: 988

What?

988 is the new 3-digit dialing code for the National Suicide Prevention Lifeline.

Why?

With the addition of 988, the Lifeline is expanding crisis coverage for all behavioral health/ emotional crises in addition to people feeling suicidal.

Anyone can call 988, including those who are experiencing:

- Mental health-related distress
- Thoughts of suicide
- Substance use crisis
- Emotional distress
- Concerns about a loved one who may need support

You can still reach OCHN's non-emergency number at 248-464-6363 or visit oaklandchn.org.

