

FAQ's for Youth and Families

1. Will I have access to my child's mental health information?

Children have privacy privileges which protects their information from being openly reported to their family. This aids the mental health practitioner with building rapport with the child and/or young adult. If the mental health professional believes there are any concerns for safety (risk of harm to self or others), they will immediately coordinate with the family to ensure the young person's safety.

2. Can I attend my child's service sessions?

Mental health professionals value collaboration with families to ensure the best possible care for their child/children. Typically, professionals will meet with the parent/guardian and their child to get an idea of what services would best meet the family's needs and on-going to ensure coordination. The professional will work most often with the child one-on-one to help the young person develop coping skills and provide the support that is needed.

3. What if my child refuses to take prescribed medications?

Mental health professionals are able to encourage and support the child and their family through the treatment process; they are not able to force a child to take medications. If a parent is concerned for a child's well-being, they can take them to them to Common Ground and/or the hospital for additional follow-up.